

Cheese Tots Breakfast Bake

INGREDIENTS

1 lb. bacon or breakfast sausage
9 eggs
32 oz. frozen tater tots
1/2 cup milk
2 1/2 cups shredded cheddar cheese
1/2 tsp ground black pepper
1/4 tsp onion powder
Cooking spray

TOOLS NEEDED

Large bowl
Whisk
Frying pan
Colander
13 x 9 baking pan

DIRECTIONS

Preheat oven to 350 degrees. Spray baking pan and set aside.

Cook bacon or sausage in frying pan, drain grease, and chop into small pieces.

Whisk eggs, milk, pepper, and onion powder in large bowl. Stir in cooked meat and cheese, saving enough cheese to sprinkle on top of pan later.

Pour mixture into baking pan. Place tater tots in even layer on top of egg mixture. Season with additional salt and pepper if preferred.

Bake uncovered for 35-45 minutes before sprinkling remaining cheese on top of tater tots. Allow cheese to melt in oven for 5 minutes.

Superhero Tip: I use a Colby Jack mix of cheese in my bakes when serving to a crowd - the mild flavor appeals to more people.

Second Superhero Tip: Add diced bell pepper to egg mixture and substitute ham for the meat. Serve with salsa on top for a tasty alternative.

Shank You Very Much

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