

Sweet 'n Crunchy Chicken Tenders

INGREDIENTS

1/2 cup butter, melted
2 cups potato chips, crushed
1 cup cornflakes cereal, crushed
1-2 lbs boneless, skinless chicken tenderloins
1 tsp salt
2 tsp pepper

TOOLS NEEDED

Two small shallow bowls
Baking sheet or dish with shallow sides

DIRECTIONS

Preheat oven to 375 degrees.
Pour melted butter in shallow bowl.
Mix together crushed potato chips and cornflakes in shallow bowl.
Dip each chicken strip in butter, allowing the excess to drip off.
Then dip chicken into cereal mixture, pushing down to adhere.
Coat chicken on all sides.
Place coated chicken on baking sheet, laying strips without touching.
Sprinkle salt and pepper evenly over chicken.
Bake for 25 minutes, or until chicken reaches safe eating temperature.

Superhero Tip: Serve these chicken tenders with ranch sauce and you will never want to stop eating them!

Second ***Superhero Tip:*** If cornflakes are not available in your area, substitute any sweet corn cereal that you have access to.

Shank You Very Much

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